

# Nighth Race-Cup 1

# Stræktider

Fjerritslev-26-04-2017

Plads Navn

Klasse

Tid

## Cool Kids

**1 Miri brunstedt Nørgaard 65 23:00**

02:03= 05:44= 08:23= 10:51= 13:30= 15:33= 16:50= 18:54= 20:26= 21:06= 22:32= 23:00=  
 02:03= 03:41= 02:39= 02:28= 02:39= 02:03= 01:17= 02:04= 01:32= 00:40= 01:26= 00:28=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**2 Stian Hoffmann 60 29:09**

02:54+ 06:58+ 10:11+ 13:59+ 17:35+ 19:49+ 21:31+ 23:53+ 26:04+ 27:01+ 28:35+ 29:09+  
 02:54+ 04:04+ 03:13+ 03:48+ 03:36+ 02:14+ 01:42+ 02:22+ 02:11+ 00:57+ 01:34+ 00:34+  
 00:51& 00:23# 00:34# 01:20& 00:57& 00:11+ 00:25& 00:18# 00:39& 00:17& 00:08+ 00:06#

**3 Iris Tinna Maclassen 29 42:46**

04:06+ 10:38+ 14:33+ 18:31+ 23:27+ 26:53+ 28:48+ 32:17+ 37:25+ 39:15+ 42:02+ 42:46+  
 04:06+ 06:32+ 03:55+ 03:58+ 04:56+ 03:26+ 01:55+ 03:29+ 05:08+ 01:50+ 02:47+ 00:44+  
 02:03& 02:51& 01:16& 01:30& 02:17& 01:23& 00:38& 01:25& 03:36@ 01:10@ 01:21& 00:16&

**4 Lasse Brunstedt Jacobsen 65 48:35**

03:50+ 11:39+ 17:34+ 22:57+ 30:24+ 33:25+ 34:59+ 39:04+ 43:10+ 44:40+ 47:54+ 48:35+  
 03:50+ 07:49+ 05:55+ 05:23+ 07:27+ 03:01+ 01:34+ 04:05+ 04:06+ 01:30+ 03:14+ 00:41+  
 01:47& 04:08@ 03:16@ 02:55@ 04:48@ 00:58& 00:17# 02:01& 02:34@ 00:50@ 01:48@ 00:13&

**5 Luna Brunstedt Jacobsen 65 52:32**

05:01+ 15:02+ 20:12+ 27:04+ 34:16+ 38:40+ 41:31+ 44:52+ 47:35+ 48:56+ 51:39+ 52:32+  
 05:01+ 10:01+ 05:10+ 06:52+ 07:12+ 04:24+ 02:51+ 03:21+ 02:43+ 01:21+ 02:43+ 00:53+  
 02:58@ 06:20@ 02:31& 04:24@ 04:33@ 02:21@ 01:34@ 01:17& 01:11& 00:41@ 01:17& 00:25&

**6 Silas Hoffmann 60 1:04:01**

07:17+ 16:27+ 20:40+ 30:42+ 39:53+ 58:06+ 59:06+ 60:35+ 61:38+ 62:03+ 63:36+ 64:01+  
 07:17+ 09:10+ 04:13+ 10:02+ 09:11+ 18:13+ 01:00- 01:29- 01:03- 00:25- 01:33+ 00:25-  
 05:14@ 05:29@ 01:34& 07:34@ 06:32@ 16:10@ 00:17- 00:35- 00:29- 00:15- 00:07+ 00:03-

## Beste stræktid for klassen

02:03 03:41 02:39 02:28 02:39 02:03 01:00 01:29 01:03 00:25 01:26 00:25

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Men Elite

**1 Jussi Laurila 30 34:48**

02:47= 04:16= 05:35= 06:50= 08:24= 11:53= 12:37= 13:24= 14:18= 15:19= 17:20= 19:00= 19:43= 21:25= 22:10= 22:42= 24:42= 26:43= 27:57= 29:11= 30:11= 30:51= 31:34= 32:14= 33:28= 33:46=  
 02:47= 01:29= 01:19= 01:15= 01:34= 03:29= 00:44= 00:47= 00:54= 01:01= 02:01= 01:40= 00:43= 01:42= 00:45= 00:32= 02:00= 02:01= 01:14= 01:14= 01:00= 00:40= 00:43= 00:40= 01:14= 00:18=  
 00:00=  
 34:32= 34:48=  
 00:46= 00:16=  
 00:00= 00:00=

**2 Thomas Steinthal 11 35:45**

02:49+ 04:20+ 05:47+ 07:13+ 08:52+ 12:18+ 13:08+ 13:59+ 14:54+ 15:54+ 17:49+ 19:41+ 20:21+ 22:04+ 22:49+ 23:24+ 25:38+ 27:36+ 28:44+ 29:57+ 31:02+ 31:44+ 32:22+ 33:05+ 34:21+ 34:41+  
 02:49+ 01:31+ 01:27+ 01:26+ 01:39+ 03:26- 00:50+ 00:51+ 00:55+ 01:00- 01:55- 01:52+ 00:40- 01:43+ 00:45= 00:35+ 02:14+ 01:58- 01:08- 01:13- 01:05+ 00:42+ 00:38- 00:43+ 01:16+ 00:20+  
 00:02+ 00:02+ 00:08# 00:11# 00:05+ 00:03- 00:06# 00:04+ 00:01+ 00:01- 00:06- 00:12# 00:03- 00:01+ 00:00= 00:03+ 00:14# 00:03- 00:06- 00:01- 00:05+ 00:02+ 00:05- 00:03+ 00:02+ 00:02+ 00:02#  
 35:29+ 35:45+  
 00:48+ 00:16=  
 00:02+ 00:00=

**3 Marcus Jansson 13 36:16**

02:38- 04:03- 05:24- 06:44- 08:23- 11:34- 12:14- 13:01- 13:54- 14:48- 16:40- 18:40- 19:25- 21:24- 22:31+ 23:12+ 25:13+ 26:56+ 28:04+ 29:12+ 30:11= 30:54+ 31:32- 32:27+ 34:14+ 34:35+  
 02:38- 01:25- 01:21+ 01:20+ 01:39+ 03:11- 00:40- 00:47= 00:53- 00:54- 01:52- 02:00+ 00:45+ 01:59+ 01:07+ 00:41+ 02:01+ 01:43- 01:08- 01:08- 00:59- 00:43+ 00:38- 00:55+ 01:47+ 00:21+  
 00:09- 00:04- 00:02+ 00:05+ 00:05+ 00:18- 00:04- 00:00= 00:01- 00:07- 00:09- 00:20# 00:02+ 00:17# 00:22& 00:09& 00:01+ 00:18- 00:06- 00:06- 00:01- 00:03+ 00:05- 00:15& 00:33& 00:03#  
 35:53+ 36:16+  
 01:18+ 00:23+  
 00:32& 00:07&

**4 Johan Maclassen 75 39:40**

37:24+ 39:40+  
 37:24+ 02:16+  
 34:37@ 00:47&



Class	Navn	Klasse	Tid																						
<b>16</b>	<b>Felix Tiderman</b>	<b>85</b>	<b>52:47</b>																						
04:15+	06:38+	08:06+	09:59+	11:53+	15:42+	16:40+	19:54+	21:08+	22:29+	25:03+	26:59+	28:02+	31:12+	32:27+	33:11+	36:19+	38:49+	40:26+	42:31+	43:51+	44:44+	47:23+	48:38+	50:51+	51:19+
04:15+	02:23+	01:28+	01:53+	01:54+	03:49+	00:58+	03:14+	01:14+	01:21+	02:34+	01:56+	01:03+	03:10+	01:15+	00:44+	03:08+	02:30+	01:37+	02:05+	01:20+	00:53+	02:39+	01:15+	02:13+	00:28+
01:28&	00:54&	00:09#	00:38&	00:20#	00:20+	00:14&	02:27@	00:20&	00:20&	00:33&	00:16#	00:20&	01:28&	00:30&	00:12&	01:08&	00:29#	00:23&	00:51&	00:20&	00:13&	01:56@	00:35&	00:59&	00:10&
52:30+	52:47+																								
01:11+	00:17+																								
00:25&	00:01+																								

<b>17</b>	<b>Oliver Friis</b>	<b>22</b>	<b>54:47</b>																						
17:35+	19:02+	22:24+	24:02+	25:46+	29:08+	29:57+	30:39+	31:50+	32:48+	35:38+	37:38+	38:24+	40:06+	40:55+	41:29+	43:42+	45:42+	46:52+	48:11+	49:11+	49:47+	51:06+	51:59+	53:23+	53:40+
17:35+	01:27-	03:22+	01:38+	01:44+	03:22-	00:49+	00:42-	01:11+	00:58-	02:50+	02:00+	00:46+	01:42=	00:49+	00:34+	02:13+	02:00-	01:10-	01:19+	01:00=	00:36-	01:19+	00:53+	01:24+	00:17-
14:48@	00:02-	02:03@	00:23&	00:10#	00:07-	00:05#	00:05-	00:17&	00:03-	00:49&	00:20#	00:03+	00:00=	00:04+	00:02+	00:13#	00:01-	00:04-	00:05+	00:00=	00:04-	00:36&	00:13&	00:10#	00:01-
54:31+	54:47+																								
00:51+	00:16=																								
00:05#	00:00=																								

<b>18</b>	<b>Ulf Uhlemann</b>	<b>10</b>	<b>58:28</b>																						
03:42+	06:54+	09:05+	11:17+	13:46+	19:20+	20:34+	21:57+	22:40+	24:39+	25:47+	28:44+	30:50+	32:04+	35:54+	37:17+	38:18+	42:07+	44:38+	46:43+	48:50+	50:05+	50:59+	52:16+	54:13+	56:16+
03:42+	03:12+	02:11+	02:12+	02:29+	05:34+	01:14+	01:23+	00:43-	01:59+	01:08-	02:57+	02:06+	01:14-	03:50+	01:23+	01:01-	03:49+	02:31+	02:05+	02:07+	01:15+	00:54+	01:17+	01:57+	02:03+
00:55&	01:43@	00:52&	00:57&	00:55&	02:05&	00:30&	00:36&	00:11-	00:58&	00:53-	01:17&	01:23@	00:28-	03:05@	00:51@	00:59-	01:48&	01:17@	00:51&	01:07@	00:35&	00:11&	00:37&	00:43&	01:45@
56:40+	58:07+	58:28+																							
00:24-	01:27+	00:21+																							
00:22-	01:11@	00:21+																							

### Beste stræktid for klassen

02:38 01:25 01:19 01:15 01:34 03:05 00:40 00:42 00:43 00:54 01:08 01:37 00:38 01:14 00:45 00:32 01:01 01:41 01:08 01:08 00:59 00:36 00:38 00:40 01:14 00:17 00:24 00:00

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Men Long

<b>1</b>	<b>Pär Gustavsson</b>	<b>17</b>	<b>31:19</b>																	
02:10=	04:14=	05:55=	09:08=	12:37=	13:25=	15:11=	16:08=	18:59=	20:22=	21:08=	23:02=	24:10=	25:01=	25:55=	27:03=	28:13=	29:54=	30:12=	31:01=	31:19=
02:10=	02:04=	01:41=	03:13=	03:29=	00:48=	01:46=	00:57=	02:51=	01:23=	00:46=	01:54=	01:08=	00:51=	00:54=	01:08=	01:10=	01:41=	00:18=	00:49=	00:18=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Tobias Micko</b>	<b>43</b>	<b>31:54</b>																	
02:36+	04:44+	06:25+	09:24+	13:06+	13:59+	15:50+	17:01+	20:17+	21:16+	21:56+	23:42+	24:52+	25:50+	26:37+	27:38+	28:50+	30:25+	30:45+	31:35+	31:54+
02:36+	02:08+	01:41=	02:59-	03:42+	00:53+	01:51+	01:11+	03:16+	00:59-	00:40-	01:46-	01:10+	00:58+	00:47-	01:01-	01:12+	01:35-	00:20+	00:50+	00:19+
00:26#	00:04+	00:00=	00:14-	00:13+	00:05#	00:05+	00:14#	00:25#	00:24-	00:06-	00:08-	00:02+	00:07#	00:07-	00:07-	00:02+	00:06-	00:02#	00:01+	00:01+

<b>3</b>	<b>Christian Peter Maclassen</b>	<b>29</b>	<b>32:53</b>																	
02:12+	04:22+	06:10+	09:32+	13:12+	14:40+	16:32+	17:36+	20:27+	21:24+	22:02+	23:57+	25:12+	25:48+	26:36+	27:42+	29:31+	31:25+	31:46+	32:35+	32:53+
02:12+	02:10+	01:48+	03:22+	03:40+	01:28+	01:52+	01:04+	02:51=	00:57-	00:38-	01:55+	01:15+	00:36-	00:48-	01:06-	01:49+	01:54+	00:21+	00:49=	00:18=
00:02+	00:06+	00:07+	00:09+	00:11+	00:40&	00:06+	00:07#	00:00=	00:26-	00:08-	00:01+	00:07#	00:15-	00:06-	00:02-	00:39&	00:13#	00:03#	00:00=	00:00=

<b>4</b>	<b>Tommy Damsgaard</b>	<b>93</b>	<b>33:13</b>																	
02:22+	04:28+	06:19+	09:24+	13:46+	14:34+	16:22+	17:27+	20:48+	21:47+	22:31+	24:21+	26:05+	26:44+	27:56+	28:53+	29:59+	31:37+	31:58+	32:53+	33:13+
02:22+	02:06+	01:51+	03:05-	04:22+	00:48=	01:48+	01:05+	03:21+	00:59-	00:44-	01:50-	01:44+	00:39-	01:12+	00:57-	01:06-	01:38-	00:21+	00:55+	00:20+
00:12+	00:02+	00:10+	00:08-	00:53&	00:00=	00:02+	00:08#	00:30#	00:24-	00:02-	00:04-	00:36&	00:12-	00:18&	00:11-	00:04-	00:03-	00:03#	00:06#	00:02#

<b>5</b>	<b>Mikael Johansson</b>	<b>95</b>	<b>34:08</b>																	
02:16+	04:32+	06:28+	09:26+	13:28+	14:24+	16:19+	17:28+	20:42+	21:42+	22:27+	24:34+	25:53+	26:49+	27:45+	28:53+	30:38+	32:28+	32:48+	33:48+	34:08+
02:16+	02:16+	01:56+	02:58-	04:02+	00:56+	01:55+	01:09+	03:14+	01:00-	00:45-	02:07+	01:19+	00:56+	00:56+	01:08=	01:45+	01:50+	00:20+	01:00+	00:20+
00:06+	00:12+	00:15#	00:15-	00:33#	00:08#	00:09+	00:12#	00:23#	00:23-	00:01-	00:13#	00:11#	00:05+	00:02+	00:00=	00:35&	00:09+	00:02#	00:11#	00:02#

<b>6</b>	<b>Stefan Kollberg</b>	<b>8</b>	<b>34:55</b>																	
03:11+	05:33+	07:17+	10:18+	14:32+	15:23+	17:22+	18:29+	21:22+	22:34+	23:16+	25:05+	26:20+	28:15+	29:09+	30:16+	31:31+	33:22+	33:44+	34:37+	34:55+
03:11+	02:22+	01:44+	03:01-	04:14+	00:51+	01:59+	01:07+	00:52+	01:12-	00:42-	01:49-	01:15+	01:55+	00:54+	01:07-	01:15+	01:51+	00:22+	00:53+	00:18=
01:01&	00:18#	00:03+	00:12-	00:45#	00:03+	00:13#	00:10#	00:02+	00:11-	00:04-	00:05-	00:07#	01:04@	00:00=	00:01-	00:05+	00:10+	00:04#	00:04+	00:00=

<b>7</b>	<b>Tony I Larsson</b>	<b>58</b>	<b>35:39</b>																	
02:18+	04:20+	06:10+	08:56-	12:20-	13:15-	15:11=	16:20+	19:19+	20:42+	21:21+	24:57+	26:10+	28:30+	29:26+	30:36+	32:20+	34:12+	34:31+	35:21+	35:39+
02:18+	02:02-	01:50+	02:46-	03:24-	00:55+	01:56+	01:09+	02:59+	01:23=	00:39-	03:36+	01:13+	02:20+	00:56+	01:10+	01:44+	01:52+	00:19+	00:50+	00:18=
00:08+	00:02-	00:09+	00:27-	00:05-	00:07#	00:10+	00:12#	00:08+	00:00=	00:07-	01:42&	00:05+	01:29@	00:02+	00:02+	00:34&	00:11#	00:01+	00:01+	00:00=

<b>8</b>	<b>Mikkel brunsted Nørgaard</b>	<b>65</b>	<b>36:16</b>																	
02:14+	04:21+	06:04+	09:49+	13:36+	14:43+	16:46+	17:55+	22:11+	23:31+	24:12+	26:45+	28:04+	29:00+	30:02+	31:18+	32:55+	34:40+	35:06+	35:57+	36:16+
02:14+	02:07+	01:43+	03:45+	03:47+	01:07+	02:03+	01:09+	04:16+	01:20-	00:41-	02:33+	01:19+	00:56+	01:02+	01:16+	01:37+	01:45+	00:26+	00:51+	00:19+
00:04+	00:03+	00:02+	00:32#	00:18+	00:19&	00:17#	00:12#	01:25&	00:03-	00:05-	00:39&	00:11#	00:05+	00:08#	00:08#	00:27&	00:04+	00:08&	00:02+	00:01+

Class	Navn	Klasse										Tid								
<b>9</b>	<b>Anders Ahl</b>	<b>52</b>										<b>36:16</b>								
02:13+	04:30+	06:18+	09:48+	13:26+	14:20+	16:26+	17:27+	21:02+	22:11+	22:51+	24:44+	26:02+	27:20+	28:18+	30:26+	32:18+	34:10+	35:06+	35:57+	36:16+
02:13+	02:17+	01:48+	03:30+	03:38+	00:54+	02:06+	01:01+	03:35+	01:09-	00:40-	01:53-	01:18+	01:18+	00:58+	02:08+	01:52+	01:52+	00:56+	00:51+	00:19+
00:03+	00:13#	00:07+	00:17+	00:09+	00:06#	00:20#	00:04+	00:44&	00:14-	00:06-	00:01-	00:10#	00:27&	00:04+	01:00&	00:42&	00:11#	00:38@	00:02+	00:01+
<b>11</b>	<b>Ronnie Pettersson</b>	<b>18</b>										<b>36:59</b>								
02:19+	04:53+	06:37+	09:32+	13:49+	15:00+	16:56+	18:11+	21:51+	22:51+	23:41+	25:54+	27:16+	28:17+	29:37+	30:47+	32:33+	34:18+	34:42+	36:39+	36:59+
02:19+	02:34+	01:44+	02:55-	04:17+	01:11+	01:56+	01:15+	03:40+	01:00-	00:50+	02:13+	01:22+	01:01+	01:20+	01:10+	01:46+	01:45+	00:24+	01:57+	00:20+
00:09+	00:30#	00:03+	00:18-	00:48#	00:23&	00:10+	00:18&	00:49&	00:23-	00:04+	00:19#	00:14#	00:10#	00:26&	00:02+	00:36&	00:04+	00:06&	01:08@	00:02#
<b>12</b>	<b>Pesho Hedberg</b>	<b>41</b>										<b>37:30</b>								
02:44+	05:15+	07:34+	11:13+	15:36+	16:34+	18:38+	19:48+	23:04+	24:17+	25:02+	27:15+	28:35+	30:03+	31:04+	32:14+	33:57+	35:42+	36:07+	37:07+	37:30+
02:44+	02:31+	02:19+	03:39+	04:23+	00:58+	02:04+	01:10+	03:16+	01:13-	00:45-	02:13+	01:20+	01:28+	01:01+	01:10+	01:43+	01:45+	00:25+	01:00+	00:23+
00:34&	00:27#	00:38&	00:26#	00:54&	00:10#	00:18#	00:13#	00:25#	00:10-	00:01-	00:19#	00:12#	00:37&	00:07#	00:02+	00:33&	00:04+	00:07&	00:11#	00:05&
<b>13</b>	<b>Göran Andersson</b>	<b>33</b>										<b>37:39</b>								
02:26+	05:00+	07:12+	10:16+	14:23+	15:26+	18:06+	19:32+	23:39+	24:46+	25:34+	27:57+	29:28+	30:16+	31:16+	32:43+	34:08+	35:59+	36:22+	37:19+	37:39+
02:26+	02:34#	02:12+	03:04-	04:07+	01:03+	02:40+	01:26+	04:07+	01:07-	00:48+	02:23+	01:31+	00:48-	01:00+	01:27+	01:25+	01:51+	00:23+	00:57+	00:20+
00:16#	00:30#	00:31&	00:09-	00:38#	00:15&	00:54&	00:29&	01:16&	00:16-	00:02+	00:29&	00:23&	00:03-	00:06#	00:19&	00:15#	00:10+	00:05&	00:08#	00:02#
<b>14</b>	<b>Daniel Steen</b>	<b>18</b>										<b>37:55</b>								
02:43+	05:04+	06:52+	11:14+	15:25+	16:23+	18:47+	19:59+	23:17+	24:55+	25:46+	27:57+	29:23+	30:12+	31:40+	32:46+	34:05+	36:24+	36:45+	37:35+	37:55+
02:43+	02:21+	01:48+	04:22+	04:11+	00:58+	02:24+	01:12+	03:18+	01:38+	00:51+	02:11+	01:26+	00:49-	01:28+	01:06-	01:19+	02:19+	00:21+	00:50+	00:20+
00:33&	00:17#	00:07+	01:09&	00:42#	00:10#	00:38&	00:15&	00:27#	00:15#	00:05#	00:17#	00:18&	00:02-	00:34&	00:02-	00:09#	00:38&	00:03#	00:01+	00:02#
<b>15</b>	<b>Peter Albinsson</b>	<b>25</b>										<b>38:37</b>								
03:10+	05:33+	07:23+	10:41+	14:52+	15:51+	17:54+	19:01+	22:25+	23:26+	24:13+	27:49+	29:25+	30:47+	31:51+	33:04+	34:56+	36:57+	37:19+	38:17+	38:37+
03:10+	02:23+	01:50+	03:18+	04:11+	00:59+	02:03+	01:07+	03:24+	01:01-	00:47+	03:36+	01:36+	01:22+	01:04+	01:13+	01:52+	02:01+	00:22+	00:58+	00:20+
01:00&	00:19#	00:09+	00:05+	00:42#	00:11#	00:17#	00:10#	00:33#	00:22-	00:01+	01:42&	00:28&	00:31&	00:10#	00:05+	00:42&	00:20#	00:04#	00:09#	00:02#
<b>16</b>	<b>Anders Stjerndahl</b>	<b>26</b>										<b>38:40</b>								
02:39+	05:08+	07:03+	11:03+	15:24+	16:31+	18:40+	19:55+	23:16+	24:59+	25:55+	28:49+	30:12+	31:32+	32:42+	33:56+	35:29+	37:29+	38:40+		
02:39+	02:29+	01:55+	04:00+	04:21+	01:07+	02:09+	01:15+	03:21+	01:43+	00:56+	02:54+	01:23+	02:05+	01:10+	01:14+	01:33+	02:00+	01:11+		
00:29#	00:25#	00:14#	00:47#	00:52#	00:19&	00:23#	00:18&	00:30#	00:20#	00:10#	01:00&	00:15#	00:29&	00:16&	00:06+	00:23&	00:19#	00:53@		
<b>17</b>	<b>Pekka Mäki</b>	<b>88</b>										<b>38:43</b>								
02:31+	04:56+	07:03+	10:57+	14:48+	15:43+	17:27+	18:34+	21:57+	22:57+	23:45+	26:15+	27:52+	29:57+	31:09+	32:52+	34:56+	36:59+	37:20+	38:22+	38:43+
02:31+	02:25+	02:07+	03:54+	03:51+	00:55+	01:44-	01:07+	03:23+	01:00-	00:48+	02:30+	01:37+	02:05+	01:12+	01:43+	02:04+	02:03+	00:21+	01:02+	00:21+
00:21#	00:21#	00:26&	00:41#	00:22#	00:07#	00:02-	00:10#	00:32#	00:23-	00:02+	00:36&	00:29&	01:14@	00:18&	00:35&	00:54&	00:22#	00:03#	00:13&	00:03#
<b>18</b>	<b>Klaus Kramer</b>	<b>43</b>										<b>39:17</b>								
02:46+	05:43+	07:54+	11:49+	16:56+	17:58+	20:17+	21:40+	25:33+	26:38+	27:26+	29:26+	30:56+	31:33+	32:27+	33:49+	35:09+	37:21+	37:40+	38:53+	39:17+
02:46+	02:57+	02:11+	03:55+	05:07+	01:02+	02:19+	01:23+	03:53+	01:05-	00:48+	02:00+	01:30+	00:37-	00:54=	01:22+	01:20+	02:12+	00:19+	01:13+	00:24+
00:36&	00:53&	00:30&	00:42#	01:38&	00:14&	00:33&	00:26&	01:02&	00:18-	00:02+	00:06+	00:22&	00:14-	00:00=	00:14#	00:10#	00:31&	00:01+	00:24&	00:06&
<b>19</b>	<b>Stefan Johansson</b>	<b>90</b>										<b>39:31</b>								
02:53+	05:33+	07:55+	11:42+	16:13+	17:21+	19:43+	21:18+	25:08+	26:10+	27:12+	29:50+	31:22+	32:08+	33:01+	34:07+	35:54+	37:45+	38:08+	39:10+	39:31+
02:53+	02:40+	02:22+	03:47+	04:31+	01:08+	02:22+	01:35+	03:50+	01:02-	01:02+	02:38+	01:32+	00:46-	00:53-	01:06-	01:47+	01:51+	00:23+	01:02+	00:21+
00:43&	00:36&	00:41&	00:34#	01:02&	00:20&	00:36&	00:38&	00:59&	00:21-	00:16&	00:44&	00:24&	00:05-	00:01-	00:02-	00:37&	00:10+	00:05&	00:13&	00:03#
<b>20</b>	<b>Mark Stodgell</b>	<b>97</b>										<b>39:32</b>								
02:33+	05:18+	07:30+	11:07+	17:57+	18:54+	21:07+	22:26+	25:54+	27:02+	27:51+	29:56+	31:17+	31:55+	32:58+	34:08+	35:58+	37:58+	38:18+	39:14+	39:32+
02:33+	02:45+	02:12+	03:37+	06:50+	00:57+	02:13+	01:19+	03:28+	01:08-	00:49+	02:05+	01:21+	00:38-	01:03+	01:10+	01:50+	02:00+	00:20+	00:56+	00:18=
00:23#	00:41&	00:31&	00:24#	03:21&	00:09#	00:27&	00:22&	00:37#	00:15-	00:03+	00:11+	00:13#	00:13-	00:09#	00:02+	00:40&	00:19#	00:02#	00:07#	00:00=
<b>21</b>	<b>Tobias Steen</b>	<b>18</b>										<b>39:35</b>								
02:35+	04:46+	06:38+	11:04+	15:09+	16:06+	18:07+	19:18+	22:47+	24:57+	25:57+	28:50+	30:07+	31:31+	32:22+	33:32+	35:33+	37:58+	38:18+	39:19+	39:35+
02:35+	02:11+	01:52+	04:26+	04:05+	00:57+	02:01+	01:11+	03:29+	02:10+	01:00+	02:53+	01:17+	01:24+	00:51-	01:10+	02:01+	02:25+	00:20+	01:01+	00:16-
00:25#	00:07+	00:11#	01:13&	00:36#	00:09#	00:15#	00:14#	00:38#	00:47&	00:14&	00:59&	00:09#	00:33&	00:03-	00:02+	00:51&	00:44&	00:02#	00:12#	00:02-
<b>22</b>	<b>Laus seir Hansen</b>	<b>19</b>										<b>41:01</b>								
02:47+	05:34+	07:56+	11:49+	16:02+	17:01+	19:08+	22:36+	26:12+	27:28+	28:16+	30:21+	31:43+	33:10+	34:16+	35:29+	37:14+	39:16+	39:41+	40:41+	41:01+
02:47+	02:47+	02:22+	03:53+	04:13+	00:59+	02:07+	03:28+	03:36+	01:16-	00:48+	02:05+	01:22+	01:27+	01:06+	01:13+	01:45+	02:02+	00:25+	01:00+	00:20+
00:37&	00:43&	00:41&	00:40#	00:44#	00:11#	00:21#	02:31@	00:45&	00:07-	00:02+	00:11+	00:14#	00:36&	00:12#	00:05+	00:35&	00:21#	00:07&	00:11#	00:02#
<b>23</b>	<b>Allan Topp</b>	<b>65</b>										<b>41:30</b>								
03:48+	06:11+	08:26+	12:13+	16:13+	17:06+	19:30+	20:48+	24:14+	25:59+	26:44+	29:17+	30:40+	33:23+	34:23+	35:37+	37:16+	39:12+	40:13+	41:10+	41:30+
03:48+	02:23+	02:15+	03:47+	04:00+	00:53+	02:24+	01:18+	03:26+	01:45+	00:45-	02:33+	01:23+	02:43+	01:00+	01:14+	01:39+	01:56+	01:01+	00:57+	00:20+
01:38&	00:19#	00:34&	00:34#	00:31#	00:05#	00:38&	00:21&	00:35#	00:22&	00:01-	00:39&	00:15#	01:52@	00:06#	00:06+	00:29&	00:15#	00:43@	00:08#	00:02#
<b>24</b>	<b>Jan Johansen</b>	<b>71</b>										<b>41:37</b>								
02:53+	05:49+	07:59+	12:05+	16:51+	17:51+	20:20+	21:43+	25:24+	27:14+	28:13+	30:23+	31:58+	32:45+	33:50+	35:09+	37:45+	39:44+	40:08+	41:12+	41:37+
02:53+	02:56+	02:10+	04:06+	04:46+	01:00+	02:29+	01:23+	03:41+	01:50+	00:59+	02:10+	01:35+	00:47-	01:05+	01:19+	02:36+	01:59+	00:24+	01:04+	00:25+
00:43&	00:52&	00:29&	00:53&	01:17&	00:12#	00:43&	00:26&	00:50&	00:27&	00:13&	00:16#	00:27&	00:04-	00:11#	00:11#	01:26@	00:18#	00:06&	00:15&	00:07&

Class	Navn	Klasse										Tid									
<b>25</b>	<b>Kent Lodberg</b>	<b>54</b>										<b>41:59</b>									
03:00+	05:55+	08:14+	13:34+	18:09+	19:20+	22:05+	23:21+	26:42+	27:59+	28:50+	31:03+	32:34+	33:29+	34:25+	35:41+	37:36+	40:01+	40:27+	41:35+	41:59+	
03:00+	02:55+	02:19+	05:20+	04:35+	01:11+	02:45+	01:16+	03:21+	01:17-	00:51+	02:13+	01:31+	00:55+	00:56+	01:16+	01:55+	02:25+	00:26+	01:08+	00:24+	
00:50&	00:51&	00:38&	02:07&	01:06&	00:23&	00:59&	00:19&	00:30#	00:06-	00:05#	00:19#	00:23&	00:04+	00:02+	00:08#	00:45&	00:44&	00:08&	00:19&	00:06&	
<b>26</b>	<b>Martin Sundin</b>	<b>55</b>										<b>42:18</b>									
02:57+	05:34+	07:41+	11:56+	16:58+	18:09+	20:15+	21:35+	25:42+	27:17+	28:03+	30:37+	33:11+	34:11+	35:15+	36:32+	38:56+	40:47+	41:09+	42:01+	42:18+	
02:57+	02:37+	02:07+	04:15+	05:02+	01:11+	02:06+	01:20+	04:07+	01:35+	00:46+	02:34+	02:34+	01:00+	01:04+	01:17+	02:24+	01:51+	00:22+	00:52+	00:17-	
00:47&	00:33&	00:26&	01:02&	01:33&	00:23&	00:20#	00:23&	01:16&	00:12#	00:00=	00:40&	01:26@	00:09#	00:10#	00:09#	01:14@	00:10+	00:04#	00:03+	00:01-	
<b>27</b>	<b>Daniel Östvall</b>	<b>41</b>										<b>42:30</b>									
02:28+	04:55+	06:46+	10:12+	14:40+	15:52+	20:17+	21:58+	26:04+	27:36+	28:26+	30:46+	32:09+	34:27+	35:29+	36:42+	38:13+	40:35+	40:59+	42:10+	42:30+	
02:28+	02:27+	01:51+	03:26+	04:28+	01:12+	04:25+	01:41+	04:06+	01:32+	00:50+	02:20+	01:23+	02:18+	01:02+	01:13+	01:31+	02:22+	00:24+	01:11+	00:20+	
00:18#	00:23#	00:10+	00:13+	00:59&	00:24&	02:39@	00:44&	01:15&	00:09#	00:04+	00:26#	00:15#	01:27@	00:08#	00:05+	00:21&	00:41&	00:06&	00:22&	00:02#	
<b>28</b>	<b>Svend Erik Hedevang</b>	<b>20</b>										<b>43:05</b>									
02:53+	05:52+	07:56+	11:40+	17:07+	18:24+	21:01+	22:30+	26:07+	27:42+	28:56+	31:04+	32:37+	34:16+	35:58+	37:36+	39:01+	41:11+	41:39+	42:41+	43:05+	
02:53+	02:59+	02:04+	03:44+	05:27+	01:17+	02:37+	01:29+	03:37+	01:35+	01:14+	02:08+	01:33+	01:39+	01:42+	01:38+	01:25+	02:10+	00:28+	01:02+	00:24+	
00:43&	00:55&	00:23#	00:31#	01:58&	00:29&	00:51&	00:32&	00:46&	00:12#	00:28&	00:14#	00:25&	00:48&	00:48&	00:30&	00:15#	00:29&	00:10&	00:13&	00:06&	
<b>29</b>	<b>Michael Kullin</b>	<b>Ok Tyr</b>										<b>43:15</b>									
02:54+	06:29+	08:44+	12:31+	18:47+	19:51+	22:35+	23:54+	27:50+	29:14+	30:10+	32:19+	33:55+	34:31+	35:25+	36:51+	38:15+	40:28+	41:37+	42:50+	43:15+	
02:54+	03:35+	02:15+	03:47+	06:16+	01:04+	02:44+	01:19+	03:56+	01:24+	00:56+	02:09+	01:36+	00:36-	00:54+	01:26+	01:24+	02:13+	01:09+	01:13+	00:25+	
00:44&	01:31&	00:34&	00:34&	02:47&	00:16&	00:58&	00:22&	01:05&	00:01+	00:10#	00:15#	00:28&	00:15-	00:00=	00:18&	00:14#	00:32&	00:51@	00:24&	00:07&	
<b>30</b>	<b>Finn Johannsen</b>	<b>3</b>										<b>43:19</b>									
02:34+	06:41+	09:11+	12:48+	17:09+	18:16+	20:58+	22:30+	26:16+	27:57+	28:45+	30:57+	33:03+	34:12+	35:27+	37:12+	38:50+	41:14+	41:41+	43:02+	43:19+	
02:34+	04:07+	02:30+	03:37+	04:21+	01:07+	02:42+	01:32+	03:46+	01:41+	00:48+	02:12+	02:06+	01:09+	01:15+	01:45+	01:38+	02:24+	00:27+	01:21+	00:17-	
00:24#	02:03&	00:49&	00:24#	00:52#	00:19&	00:56&	00:35&	00:55&	00:18#	00:02+	00:18#	00:58&	00:18&	00:21&	00:37&	00:28&	00:43&	00:09&	00:32&	00:01-	
<b>31</b>	<b>Ulf Andersson</b>	<b>18</b>										<b>43:49</b>									
02:41+	05:26+	07:30+	10:38+	15:20+	17:01+	19:24+	20:43+	24:37+	25:59+	27:45+	28:36+	31:14+	33:03+	34:03+	35:33+	36:59+	39:28+	41:47+	42:21+	43:27+	43:49+
02:41+	02:45+	02:04+	03:08+	04:42+	01:41+	02:23+	01:19+	03:54+	01:22-	01:46+	00:51-	02:38+	01:49+	01:00+	01:30+	01:26+	02:29+	02:19+	00:34-	01:06+	00:22+
00:31#	00:41&	00:23#	00:05-	01:13&	00:53@	00:37&	00:22&	01:03&	00:01-	01:00@	01:03-	01:30@	00:58@	00:06#	00:22&	00:16#	00:48&	02:01@	00:15-	00:48@	00:22+
<b>32</b>	<b>Ove Jansson</b>	<b>18</b>										<b>44:12</b>									
03:45+	06:43+	08:49+	12:43+	18:20+	19:21+	21:53+	23:13+	28:07+	29:22+	30:19+	32:33+	34:26+	35:38+	36:46+	38:09+	40:04+	42:27+	42:50+	43:48+	44:12+	
03:45+	02:58+	02:06+	03:54+	05:37+	01:01+	02:32+	01:20+	04:54+	01:15-	00:57+	02:14+	01:53+	01:12+	01:08+	01:23+	01:55+	02:23+	00:23+	00:58+	00:24+	
01:35&	00:54&	00:25#	00:41#	02:08&	00:13&	00:46&	00:23&	02:03&	00:08-	00:11#	00:20#	00:45&	00:21&	00:14&	00:15#	00:45&	00:42&	00:05&	00:09#	00:06&	
<b>33</b>	<b>Ingvar Braaten</b>	<b>45</b>										<b>44:56</b>									
03:06+	06:22+	08:49+	14:18+	19:49+	21:13+	23:36+	25:01+	28:39+	30:13+	31:07+	33:37+	35:07+	36:07+	37:04+	38:27+	40:24+	42:52+	43:20+	44:28+	44:56+	
03:06+	03:16+	02:27+	05:29+	05:31+	01:24+	02:23+	01:25+	03:38+	01:34+	00:54+	02:30+	01:30+	01:00+	00:57+	01:23+	01:57+	02:28+	00:28+	01:08+	00:28+	
00:56&	01:12&	00:46&	02:16&	02:02&	00:36&	00:37&	00:28&	00:47&	00:11#	00:08#	00:36&	00:22&	00:09#	00:03+	00:15#	00:47&	00:47&	00:10&	00:19&	00:10&	
<b>34</b>	<b>Andreas Skov</b>	<b>20</b>										<b>45:00</b>									
02:50+	05:42+	08:06+	11:58+	18:05+	19:29+	22:01+	23:35+	28:07+	29:32+	30:21+	32:40+	34:16+	35:29+	37:13+	38:55+	40:56+	43:04+	43:30+	44:38+	45:00+	
02:50+	02:52+	02:24+	03:52+	06:07+	01:24+	02:32+	01:34+	04:32+	01:25+	00:49+	02:19+	01:36+	01:13+	01:44+	01:42+	02:01+	02:08+	00:26+	01:08+	00:22+	
00:40&	00:48&	00:43&	00:39#	02:38&	00:36&	00:46&	00:37&	01:41&	00:02+	00:03+	00:25#	00:28&	00:22&	00:50&	00:34&	00:51&	00:27&	00:08&	00:19&	00:04#	
<b>35</b>	<b>Claus Rasmussen</b>	<b>56</b>										<b>45:28</b>									
07:33+	10:46+	13:23+	17:37+	21:33+	22:41+	24:53+	26:10+	31:09+	32:21+	33:11+	35:22+	36:56+	37:55+	39:00+	39:59+	41:07+	43:40+	44:06+	45:06+	45:28+	
07:33+	03:13+	02:37+	04:14+	03:56+	01:08+	02:12+	01:17+	04:59+	01:12-	00:50+	02:11+	01:34+	00:59+	01:05+	00:59-	01:08-	02:33+	00:26+	01:00+	00:22+	
05:23@	01:09&	00:56&	01:01&	00:27#	00:20&	00:26#	00:20&	02:08&	00:11-	00:04+	00:17#	00:26&	00:08#	00:11#	00:09-	00:02-	00:52&	00:08&	00:11#	00:04#	
<b>36</b>	<b>Bjarne Hoffmann</b>	<b>54</b>										<b>45:59</b>									
17:04+	18:58+	20:48+	23:53+	27:26+	28:14+	29:47+	30:47+	33:50+	34:45+	35:23+	37:10+	38:37+	39:58+	40:45+	41:48+	42:53+	44:30+	44:49+	45:39+	45:59+	
17:04+	01:54-	01:50+	03:05-	03:33+	00:48+	01:33-	01:00+	03:03+	00:55-	00:38-	01:47-	01:27+	01:21+	00:47-	01:03-	01:05-	01:37-	00:19+	00:50+	00:20+	
14:54@	00:10-	00:09+	00:08-	00:04+	00:00=	00:13-	00:03+	00:12+	00:28-	00:08-	00:07-	00:19&	00:30&	00:07-	00:05-	00:05-	00:04-	00:01+	00:01+	00:02#	
<b>37</b>	<b>Michael Lindholm</b>	<b>80</b>										<b>47:17</b>									
17:13+	19:28+	21:19+	24:03+	27:55+	29:09+	30:51+	31:57+	35:08+	36:07+	36:50+	38:47+	39:59+	40:49+	41:37+	42:42+	43:51+	45:56+	46:13+	47:00+	47:17+	
17:13+	02:15+	01:51+	02:44+	03:52+	01:14+	01:42-	01:06+	03:11+	00:59-	00:43-	01:57+	01:12+	00:50-	00:48-	01:05-	01:09-	02:05+	00:17-	00:47-	00:17-	
15:03@	00:11+	00:10+	00:29-	00:23#	00:26&	00:04-	00:09#	00:20#	00:24-	00:03-	00:03+	00:04+	00:01-	00:06-	00:03-	00:01-	00:24#	00:01-	00:02-	00:01-	
<b>38</b>	<b>Ole Andersen</b>	<b>20</b>										<b>47:36</b>									
03:12+	06:06+	08:17+	12:13+	16:55+	18:17+	20:28+	22:05+	26:16+	27:47+	28:45+	31:30+	33:31+	35:27+	36:30+	38:13+	41:27+	45:14+	45:51+	47:10+	47:36+	
03:12+	02:54+	02:11+	03:56+	04:42+	01:22+	02:11+	01:37+	04:11+	01:31+	00:58+	02:45+	02:01+	01:56+	01:03+	01:43+	03:14+	03:47+	00:37+	01:19+	00:26+	
01:02&	00:50&	00:30&	00:43#	01:13&	00:34&	00:25#	00:40&	01:20&	00:08+	00:12&	00:51&	00:53&	01:05@	00:09#	00:35&	02:04@	02:06@	00:19@	00:30&	00:08&	
<b>39</b>	<b>Jean-Charles Lalevée</b>	<b>98</b>										<b>48:13</b>									
17:18+	19:21+	21:22+	24:38+	28:06+	29:03+	30:55+	32:06+	35:31+	36:25+	37:08+	39:17+	40:33+	41:31+	42:15+	43:28+	44:43+	46:33+	46:56+	47:51+	48:13+	
17:18+	02:03-	02:01+	03:16+	03:28-	00:57+	01:52+	01:11+	03:25+	00:54-	00:43-	02:09+	01:16+	00:58+	00:44-	01:13+	01:15+	01:50+	00:23+	00:55+	00:22+	
15:08@	00:01-	00:20#	00:03+	00:01-	00:09#	00:06+	00:14#	00:34#	00:29-	00:03-	00:15#	00:08#	00:07#	00:10-	00:05+	00:05+	00:09+	00:05&	00:06#	00:04#	

Class	Navn	Klasse										Tid									
<b>40</b>	<b>Anders Thomasson</b>	<b>92</b>										<b>48:37</b>									
02:58+	05:42+	08:31+	12:16+	18:19+	19:22+	21:58+	23:19+	31:22+	33:00+	33:59+	36:20+	37:50+	39:40+	41:23+	42:48+	44:17+	46:36+	47:08+	48:17+	48:37+	
02:58+	02:44+	02:49+	03:45+	06:03+	01:03+	02:36+	01:21+	08:03+	01:38+	00:59+	02:21+	01:30+	01:50+	01:43+	01:25+	01:29+	02:19+	00:32+	01:09+	00:20+	
00:48&	00:40&	01:08&	00:32#	02:34&	00:15&	00:50&	00:24&	05:12@	00:15#	00:13&	00:27#	00:22&	00:59@	00:49&	00:17#	00:19&	00:38&	00:14&	00:20&	00:02#	
<b>41</b>	<b>Esa Juura</b>	<b>Kansu</b>										<b>49:56</b>									
02:54+	05:42+	07:45+	12:44+	18:29+	19:50+	23:05+	25:16+	30:25+	32:00+	33:19+	35:53+	37:36+	40:22+	41:19+	43:01+	44:59+	47:55+	48:26+	49:31+	49:56+	
02:54+	02:48+	02:03+	04:59+	05:45+	01:21+	03:15+	02:11+	05:09+	01:35+	01:19+	02:34+	01:43+	02:46+	00:57+	01:42+	01:58+	02:56+	00:31+	01:05+	00:25+	
00:44&	00:44&	00:22#	01:46&	02:16&	00:33&	01:29&	01:14@	02:18&	00:12#	00:33&	00:40&	00:35&	01:55@	00:03+	00:34&	00:48&	01:15&	00:13&	00:16&	00:07&	
<b>42</b>	<b>Peter Sandvang</b>	<b>11</b>										<b>50:48</b>									
03:09+	06:12+	08:43+	13:10+	17:27+	18:44+	22:15+	24:30+	28:35+	31:51+	33:02+	35:46+	37:59+	39:27+	41:05+	44:13+	46:15+	48:30+	49:18+	50:26+	50:48+	
03:09+	03:03+	02:31+	04:27+	04:17+	01:17+	03:31+	02:15+	04:05+	03:16+	01:11+	02:44+	02:13+	01:28+	01:38+	03:08+	02:02+	02:15+	00:48+	01:08+	00:22+	
00:59&	00:59&	00:50&	01:14&	00:48#	00:29&	01:45&	01:18@	01:14&	01:53@	00:25&	00:50&	01:05&	00:37&	00:44&	02:00@	00:52&	00:34&	00:30@	00:19&	00:04#	
<b>43</b>	<b>Jørgen Nielsen</b>	<b>1</b>										<b>51:14</b>									
17:30+	19:52+	21:43+	24:45+	28:39+	29:36+	31:37+	32:46+	36:41+	37:47+	38:44+	40:45+	42:18+	43:33+	44:29+	45:40+	47:17+	49:20+	49:48+	50:53+	51:14+	
17:30+	02:22+	01:51+	03:02-	03:54+	00:57+	02:01+	01:09+	03:55+	01:06-	00:57+	02:01+	01:33+	01:15+	00:56+	01:11+	01:37+	02:03+	00:28+	01:05+	00:21+	
15:20@	00:18#	00:10+	00:11-	00:25#	00:09#	00:15#	00:12#	01:04&	00:17-	00:11#	00:07+	00:25&	00:24&	00:02+	00:03+	00:27&	00:22#	00:10&	00:16&	00:03#	
<b>45</b>	<b>Poul Erik Bertelsen</b>	<b>20</b>										<b>52:38</b>									
03:01+	05:55+	09:09+	13:14+	17:11+	18:39+	22:16+	23:55+	28:13+	30:16+	31:13+	36:16+	38:26+	39:44+	41:42+	43:26+	46:06+	48:57+	50:18+	51:02+	52:17+	52:38+
03:01+	02:54+	03:14+	04:05+	03:57+	01:28+	03:37+	01:39+	04:18+	02:03+	00:57+	05:03+	02:10+	01:18+	01:58+	01:44+	02:40+	02:51+	01:21+	00:44-	01:15+	00:21+
00:51&	00:50&	01:33&	00:52&	00:28#	00:40&	01:51@	00:42&	01:27&	00:40&	00:11#	03:09@	01:02&	00:27&	01:04@	00:36&	01:30@	01:10&	01:03@	00:05-	00:57@	00:21+
<b>46</b>	<b>Noah T. Hoffmann</b>	<b>54</b>										<b>53:24</b>									
17:32+	20:02+	21:59+	25:30+	29:17+	30:08+	32:08+	34:20+	37:37+	38:38+	39:20+	43:23+	44:54+	45:31+	46:14+	47:40+	49:15+	51:14+	51:35+	53:07+	53:24+	
17:32+	02:30+	01:57+	03:31+	03:47+	00:51+	02:00+	02:12+	03:17+	01:01-	00:42-	04:03+	01:31+	00:37-	00:43-	01:26+	01:35+	01:59+	00:21+	01:32+	00:17-	
15:22@	00:26#	00:16#	00:18+	00:18+	00:03+	00:14#	01:15@	00:26#	00:22-	00:04-	02:09@	00:23&	00:14-	00:11-	00:18&	00:25&	00:18#	00:03#	00:43&	00:01-	
<b>47</b>	<b>Peter Simmonds</b>	<b>14</b>										<b>53:41</b>									
17:34+	20:18+	22:15+	25:22+	28:59+	29:59+	32:10+	33:25+	37:03+	38:44+	39:24+	41:43+	43:15+	45:07+	46:18+	49:34+	51:42+	52:21+	53:41+			
17:34+	02:44+	01:57+	03:07-	03:37+	01:00+	02:11+	01:15+	03:38+	01:41+	00:40-	02:19+	01:32+	01:52+	01:11+	03:16+	02:08+	00:39-	01:20+			
15:24@	00:40&	00:16#	00:06-	00:08+	00:12#	00:25#	00:18&	00:47&	00:18#	00:06-	00:25#	00:24&	01:01@	00:17&	02:08@	00:58&	01:02-	01:02@			
<b>48</b>	<b>Carl Peter Noe</b>	<b>78</b>										<b>54:15</b>									
03:18+	06:19+	09:30+	17:48+	22:34+	23:55+	26:45+	28:24+	33:09+	34:41+	36:20+	39:54+	42:04+	43:39+	45:01+	46:56+	49:24+	51:48+	52:20+	53:47+	54:15+	
03:18+	03:01+	03:11+	08:18+	04:46+	01:21+	02:50+	01:39+	04:45+	01:32+	01:39+	03:34+	02:10+	01:35+	01:22+	01:55+	02:28+	02:24+	00:32+	01:27+	00:28+	
01:08&	00:57&	01:30&	05:05@	01:17&	00:33&	01:04&	00:42&	01:54&	00:09#	00:53@	01:40&	01:02&	00:44&	00:28&	00:47&	01:18@	00:43&	00:14&	00:38&	00:10&	
<b>50</b>	<b>Benny Lindgren</b>	<b>12</b>										<b>56:15</b>									
02:50+	08:09+	11:17+	17:52+	23:00+	24:47+	27:37+	29:17+	33:59+	37:08+	38:23+	43:18+	45:03+	47:00+	48:00+	49:11+	50:40+	53:56+	54:24+	55:47+	56:15+	
02:50+	05:19+	03:08+	06:35+	05:08+	01:47+	02:50+	01:40+	04:42+	03:09+	01:15+	04:55+	01:45+	01:57+	01:00+	01:11+	01:29+	03:16+	00:28+	01:23+	00:28+	
00:40&	03:15@	01:27&	03:22@	01:39&	00:59@	01:04&	00:43&	01:51&	01:46@	00:29&	03:01@	00:37&	01:06@	00:06#	00:03+	00:19&	01:35&	00:10&	00:34&	00:10&	
<b>51</b>	<b>Magnus Aasa</b>	<b>50</b>										<b>59:12</b>									
02:54+	13:00+	15:24+	18:30+	23:04+	24:16+	26:24+	28:03+	31:36+	32:57+	36:12+	41:51+	43:34+	44:40+	46:18+	50:46+	52:56+	57:17+	57:50+	58:50+	59:12+	
02:54+	10:06+	02:24+	03:06-	04:34+	01:12+	02:08+	01:39+	03:33+	01:21-	03:15+	05:39+	01:43+	01:06+	01:38+	04:28+	02:10+	04:21+	00:33+	01:00+	00:22+	
00:44&	08:02@	00:43&	00:07-	01:05&	00:24&	00:22#	00:42&	00:42#	00:02-	02:29@	03:45@	00:35&	00:15&	00:44&	03:20@	01:00&	02:40@	00:15&	00:11#	00:04#	
<b>52</b>	<b>Timothy Evans</b>	<b>14</b>										<b>59:40</b>									
02:43+	05:56+	08:03+	18:52+	23:58+	28:56+	32:11+	33:32+	37:37+	38:58+	39:55+	42:21+	44:04+	45:35+	49:01+	50:46+	52:55+	55:03+	55:34+	59:14+	59:40+	
02:43+	03:13+	02:07+	10:49+	05:06+	04:58+	03:15+	01:21+	04:05+	01:21-	00:57+	02:26+	01:43+	01:31+	03:26+	01:45+	02:09+	02:08+	00:31+	03:40+	00:26+	
00:33&	01:09&	00:26&	07:36@	01:37&	04:10@	01:29&	00:24&	01:14&	00:02-	00:11#	00:32&	00:35&	00:40&	02:32@	00:37&	00:59&	00:27&	00:13&	02:51@	00:08&	
<b>53</b>	<b>Jens Poulsen</b>	<b>Rngok</b>										<b>1:00:46</b>									
03:44+	07:23+	10:20+	15:21+	24:47+	26:25+	29:36+	31:31+	36:04+	37:55+	39:41+	44:45+	46:55+	49:25+	50:43+	52:57+	55:45+	58:11+	58:45+	60:19+	60:46+	
03:44+	03:39+	02:57+	05:01+	09:26+	01:38+	03:11+	01:55+	04:33+	01:51+	01:46+	05:04+	02:10+	02:30+	01:18+	02:14+	02:48+	02:26+	00:34+	01:34+	00:27+	
01:34&	01:35&	01:16&	01:48&	05:57@	00:50@	01:25&	00:58@	01:42&	00:28&	01:00@	03:10@	01:02&	01:39@	00:24&	01:06&	01:38@	00:45&	00:16&	00:45&	00:09&	
<b>54</b>	<b>François Lorang</b>	<b>4</b>										<b>1:00:53</b>									
17:49+	22:25+	24:22+	28:04+	32:25+	33:21+	35:36+	36:52+	40:23+	41:43+	42:40+	45:15+	47:16+	51:25+	52:29+	53:58+	56:15+	58:39+	59:12+	60:28+	60:53+	
17:49+	04:36+	01:57+	03:42+	04:21+	00:56+	02:15+	01:16+	03:31+	01:20-	00:57+	02:35+	02:01+	04:09+	01:04+	01:29+	02:17+	02:24+	00:33+	01:16+	00:25+	
15:39@	02:32@	00:16#	00:29#	00:52#	00:08#	00:29&	00:19&	00:40#	00:03-	00:11#	00:41&	00:53&	03:18@	00:10#	00:21&	01:07&	00:43&	00:15&	00:27&	00:07&	
<b>55</b>	<b>Uffe Spanner</b>	<b>Ok Pan</b>										<b>1:01:14</b>									
03:51+	07:14+	10:00+	14:41+	21:51+	24:23+	27:37+	29:32+	35:12+	37:08+	38:16+	42:15+	44:47+	47:59+	49:49+	52:15+	54:39+	58:21+	59:05+	60:38+	61:14+	
03:51+	03:23+	02:46+	04:41+	07:10+	02:32+	03:14+	01:55+	05:40+	01:56+	01:08+	03:59+	02:32+	03:12+	01:50+	02:26+	02:24+	03:42+	00:44+	01:33+	00:36+	
01:41&	01:19&	01:05&	01:28&	03:41@	01:44@	01:28&	00:58@	02:49&	00:33&	00:22&	02:05@	01:24@	02:21@	00:56@	01:18@	01:14@	02:01@	00:26@	00:44&	00:18&	
<b>56</b>	<b>Keith Dawson</b>	<b>14</b>										<b>1:02:10</b>									
17:55+	20:43+	23:02+	27:32+	32:16+	33:28+	36:15+	37:46+	41:57+	43:16+	44:17+	48:03+	49:48+	51:55+	53:29+	54:20+	55:55+	57:46+	60:14+	60:40+	61:46+	62:10+
17:55+	02:48+	02:19+	04:30+	04:44+	01:12+	02:47+	01:31+	04:11+	01:19-	01:01+	03:46+	01:45+	02:07+	01:34+	00:51-	01:35+	01:51+	02:28+	00:26-	01:06+	00:24+
15:45@	00:44&	00:38&	01:17&	01:15&	00:24&	01:01&	00:34&	01:20&	00:04-	00:15&	01:52&	00:37&	01:16@	00:40&	00:17-	00:25&	00:10+	02:10@	00:23-	00:48@	00:24+

Class	Navn	Klasse										Tid									
<b>57</b>	<b>Peter Bergström</b>	<b>36</b>										<b>1:02:24</b>									
02:54+	05:14+	07:09+	10:48+	26:35+	27:36+	29:52+	31:07+	35:37+	36:32+	37:32+	38:39+	40:57+	42:26+	43:26+	44:30+	45:54+	47:53+	60:18+	60:51+	61:57+	62:24+
02:54+	02:20+	01:55+	03:39+	15:47+	01:01+	02:16+	01:15+	04:30+	00:55-	01:00+	01:07-	02:18+	03:28+	02:00+	01:04-	01:24+	01:59+	12:25+	00:33-	01:06+	00:27+
00:44&	00:16#	00:14#	00:26#	12:18@	00:13&	00:30&	00:18&	01:39&	00:28-	00:14&	00:47-	01:10@	00:38&	00:06#	00:04-	00:14#	00:18#	12:07@	00:16-	00:48@	00:27+
<b>58</b>	<b>Christer Norin</b>	<b>32</b>										<b>1:07:51</b>									
03:56+	07:29+	10:37+	16:18+	21:50+	23:35+	27:16+	29:21+	37:16+	39:49+	40:39+	44:18+	49:51+	52:59+	55:39+	59:01+	61:52+	64:59+	65:47+	67:23+	67:51+	
03:56+	03:33+	03:08+	05:41+	05:32+	01:45+	03:41+	02:05+	07:55+	02:33+	00:50+	03:39+	05:33+	03:08+	02:40+	03:22+	02:51+	03:07+	00:48+	01:36+	00:28+	
01:46&	01:29&	01:27&	02:28&	02:03&	00:57@	01:55@	01:08@	05:04@	01:10&	00:04+	01:45&	04:25@	02:17@	01:46@	02:14@	01:41@	01:26&	00:30@	00:47&	00:10&	
<b>59</b>	<b>Karsten Niss</b>	<b>44</b>										<b>1:13:07</b>									
04:03+	08:31+	12:40+	18:56+	24:50+	27:03+	31:21+	33:54+	39:42+	42:18+	43:47+	47:33+	49:41+	51:24+	57:43+	60:21+	65:56+	69:28+	70:24+	72:31+	73:07+	
04:03+	04:28+	04:09+	06:16+	05:54+	02:13+	04:18+	02:33+	05:48+	02:36+	01:29+	03:46+	02:08+	01:43+	06:19+	02:38+	05:35+	03:32+	00:56+	02:07+	00:36+	
01:53&	02:24@	02:28@	03:03&	02:25&	01:25@	02:32@	01:36@	02:57@	01:13&	00:43&	01:52&	01:00&	00:52@	05:25@	01:30@	04:25@	01:51@	00:38@	01:18@	00:18&	
<b>Beste stræktid for klassen</b>																					
02:10	01:54	01:41	02:44	03:24	00:48	01:33	00:57	02:51	00:54	00:38	00:51	01:08	00:36	00:43	00:51	01:05	00:39	00:17	00:26	00:16	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Men Short

<b>1</b>	<b>Lasse Jansson</b>	<b>7</b>										<b>28:30</b>									
02:59=	04:20=	07:14=	09:46=	11:48=	13:02=	14:57=	18:16=	19:05=	20:16=	21:27=	22:39=	23:52=	25:06=	26:46=	27:08=	28:11=	28:30=				
02:59=	01:21=	02:54=	02:32=	02:02=	01:14=	01:55=	03:19=	00:49=	01:11=	01:11=	01:12=	01:13=	01:14=	01:40=	00:22=	01:03=	00:19=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
<b>2</b>	<b>Klaus Csucs</b>	<b>27</b>										<b>32:28</b>									
03:37+	05:20+	09:22+	12:24+	15:27+	16:49+	19:00+	22:03+	22:44+	24:00+	25:03+	26:10+	26:58+	28:41+	30:20+	30:48+	32:02+	32:28+				
03:37+	01:43+	04:02+	03:02+	03:03+	01:22+	02:11+	03:03+	04:41-	01:16+	01:03-	01:07-	00:48-	01:43+	01:39-	00:28+	01:14+	00:26+				
00:38#	00:22&	01:08&	00:30#	01:01&	00:08#	00:16#	00:16-	00:08-	00:05+	00:08-	00:05-	00:25-	00:29&	00:01-	00:06&	00:11#	00:07&				
<b>3</b>	<b>Preben Betzer</b>	<b>94</b>										<b>42:23</b>									
04:05+	05:49+	09:57+	15:19+	18:17+	19:46+	22:14+	29:46+	31:05+	32:48+	34:03+	35:57+	37:11+	38:37+	40:34+	40:58+	42:01+	42:23+				
04:05+	01:44+	04:08+	05:22+	02:58+	01:29+	02:28+	07:32+	01:19+	01:43+	01:15+	01:54+	01:14+	01:26+	01:57+	00:24+	01:03=	00:22+				
01:06&	00:23&	01:14&	02:50@	00:56&	00:15#	00:33&	04:13@	00:30&	00:32&	00:04+	00:42&	00:01+	00:12#	00:17#	00:02+	00:00=	00:03#				
<b>4</b>	<b>John Rawden</b>	<b>14</b>										<b>43:05</b>									
03:47+	05:27+	08:31+	12:50+	16:40+	18:13+	21:01+	27:29+	28:34+	30:19+	32:50+	34:46+	36:37+	38:48+	40:51+	41:20+	42:44+	43:05+				
03:47+	01:40+	03:04+	04:19+	03:50+	01:33+	02:48+	06:28+	01:05+	01:45+	02:31+	01:56+	01:51+	02:11+	02:03+	00:29+	01:24+	00:21+				
00:48&	00:19#	00:10+	01:47&	01:48&	00:19&	00:53&	03:09&	00:16&	00:34&	01:20@	00:44&	00:38&	00:57&	00:23#	00:07&	00:21&	00:02#				
<b>5</b>	<b>Per Seidelin</b>	<b>42</b>										<b>43:50</b>									
04:03+	05:45+	09:15+	13:24+	16:33+	18:07+	20:43+	28:22+	29:23+	31:05+	33:18+	35:57+	37:48+	39:30+	41:28+	42:02+	43:24+	43:50+				
04:03+	01:42+	03:30+	04:09+	03:09+	01:34+	02:36+	07:39+	01:01+	01:42+	02:13+	02:39+	01:51+	01:42+	01:58+	00:34+	01:22+	00:26+				
01:04&	00:21&	00:36#	01:37&	01:07&	00:20&	00:41&	04:20@	00:12#	00:31&	01:02&	01:27@	00:38&	00:28&	00:18#	00:12&	00:19&	00:07&				
<b>6</b>	<b>Jan Hausner</b>	<b>Ok Sg</b>										<b>48:31</b>									
18:30+	20:13+	23:31+	26:31+	29:19+	31:03+	33:11+	36:16+	37:13+	38:33+	39:55+	41:24+	42:36+	44:09+	46:08+	46:39+	48:02+	48:31+				
18:30+	01:43+	03:18+	03:00+	02:48+	01:44+	02:08+	03:05-	00:57+	01:20+	01:22+	01:29+	01:12-	01:33+	01:59+	00:31+	01:23+	00:29+				
15:31@	00:22&	00:24#	00:28#	00:46&	00:30&	00:13#	00:14-	00:08#	00:09#	00:11#	00:17#	00:01-	00:19&	00:19#	00:09&	00:20&	00:10&				
<b>7</b>	<b>Eero Niemi</b>	<b>79</b>										<b>49:51</b>									
07:06+	09:30+	13:58+	19:27+	22:48+	24:46+	27:32+	32:15+	34:13+	36:16+	37:54+	40:14+	42:39+	44:51+	47:10+	47:51+	49:26+	49:51+				
07:06+	02:24+	04:28+	05:29+	03:21+	01:58+	02:46+	04:43+	01:58+	02:03+	01:38+	02:20+	02:25+	02:12+	02:19+	00:41+	01:35+	00:25+				
04:07@	01:03&	01:34&	02:57@	01:19&	00:44&	00:51&	01:24&	01:09@	00:52&	00:27&	01:08&	01:12&	00:58&	00:39&	00:19&	00:32&	00:06&				
<b>8</b>	<b>Mark Ponsford</b>	<b>14</b>										<b>50:40</b>									
18:42+	20:32+	24:08+	27:57+	30:19+	31:46+	33:41+	36:38+	37:39+	39:04+	40:31+	42:20+	43:29+	45:53+	47:30+	48:46+	50:19+	50:40+				
18:42+	01:50+	03:36+	03:49+	02:22+	01:27+	01:55=	02:57-	01:01+	01:25+	01:27+	01:49+	01:09-	02:24+	01:37-	01:16+	01:33+	00:21+				
15:43@	00:29&	00:42#	01:17&	00:20#	00:13#	00:00=	00:22-	00:12#	00:14#	00:16#	00:37&	00:04-	01:10&	00:03-	00:54@	00:30&	00:02#				
<b>9</b>	<b>Lars Sahlberg</b>	<b>38</b>										<b>53:12</b>									
05:02+	07:00+	11:15+	16:30+	19:17+	20:50+	23:49+	29:37+	31:20+	33:07+	35:08+	37:26+	41:30+	42:43+	47:50+	50:32+	51:10+	52:40+	53:12+			
05:02+	01:58+	04:15+	05:15+	02:47+	01:33+	02:59+	05:48+	01:43+	01:47+	02:01+	02:18+	04:04+	01:13-	05:07+	02:42+	00:38-	01:30+	00:32+			
02:03&	00:37&	01:21&	02:43@	00:45&	00:19&	01:04&	02:29&	00:54@	00:36&	00:50&	01:06&	02:51@	00:01-	03:27@	02:20@	00:25-	01:11@	00:32+			
<b>10</b>	<b>Bengt Andersson</b>	<b>86</b>										<b>55:34</b>									
08:35+	10:47+	15:20+	21:06+	24:46+	26:56+	30:49+	35:38+	37:03+	39:23+	41:55+	44:45+	46:19+	49:14+	52:33+	53:30+	54:55+	55:34+				
08:35+	02:12+	04:33+	05:46+	03:40+	02:10+	03:53+	04:49+	01:25+	02:20+	02:32+	02:50+	01:34+	02:55+	03:19+	00:57+	01:25+	00:39+				
05:36@	00:51&	01:39&	03:14@	01:38&	00:56&	01:58@	01:30&	00:36&	01:09&	01:21@	01:38@	00:21&	01:41@	01:39&	00:35@	00:22&	00:20@				

Class	Navn	Klasse										Tid					
<b>11</b>	<b>Leif B Nielsen</b>	<b>20</b>										<b>59:42</b>					
18:55+	21:03+	26:29+	30:48+	34:40+	36:57+	39:48+	43:58+	45:30+	47:08+	48:38+	50:31+	52:12+	54:25+	57:07+	57:48+	59:14+	59:42+
18:55+	02:08+	05:26+	04:19+	03:52+	02:17+	02:51+	04:10+	01:32+	01:38+	01:30+	01:53+	01:41+	02:13+	02:42+	00:41+	01:26+	00:28+
15:56@	00:47&	02:32&	01:47&	01:50&	01:03&	00:56&	00:51&	00:43&	00:27&	00:19&	00:41&	00:28&	00:59&	01:02&	00:19&	00:23&	00:09&
<b>12</b>	<b>John Rasmussen</b>	<b>77</b>										<b>1:00:32</b>					
18:50+	20:54+	24:47+	28:40+	32:32+	34:25+	36:55+	43:20+	45:02+	46:22+	48:30+	51:56+	53:27+	55:17+	58:09+	58:44+	60:04+	60:32+
18:50+	02:04+	03:53+	03:53+	03:52+	01:53+	02:30+	06:25+	01:42+	01:20+	02:08+	03:26+	01:31+	01:50+	02:52+	00:35+	01:20+	00:28+
15:51@	00:43&	00:59&	01:21&	01:50&	00:39&	00:35&	03:06&	00:53@	00:09#	00:57&	02:14@	00:18#	00:36&	01:12&	00:13&	00:17&	00:09&
<b>13</b>	<b>Tage V. Andersen</b>	<b>65</b>										<b>1:09:05</b>					
19:41+	22:48+	28:18+	32:14+	35:10+	36:49+	39:23+	44:26+	47:32+	49:23+	50:54+	52:55+	55:06+	57:33+	59:43+	61:56+	65:19+	66:29+
19:41+	03:07+	05:30+	03:56+	02:56+	01:39+	02:34+	05:03+	03:06+	01:51+	01:31+	02:01+	02:11+	02:27+	02:10+	02:13+	03:23+	01:10+
16:42@	01:46@	02:36&	01:24&	00:54&	00:25&	00:39&	01:44&	02:17@	00:40&	00:20&	00:49&	00:58&	01:13&	00:30&	01:51@	02:20@	00:51@
<b>14</b>	<b>Kaj Kaspersen</b>	<b>20</b>										<b>1:10:46</b>					
20:06+	21:50+	25:04+	29:17+	32:03+	34:02+	36:22+	52:31+	53:42+	55:18+	57:31+	60:25+	62:30+	64:32+	67:20+	68:14+	70:12+	70:46+
20:06+	01:44+	03:14+	04:13+	02:46+	01:59+	02:20+	16:09+	01:11+	01:36+	02:13+	02:54+	02:05+	02:02+	02:48+	00:54+	01:58+	00:34+
17:07@	00:23&	00:20#	01:41&	00:44&	00:45&	00:25#	12:50@	00:22&	00:25&	01:02&	01:42@	00:52&	00:48&	01:08&	00:32@	00:55&	00:15&
<b>15</b>	<b>Johnny Frands Eriksen</b>	<b>1</b>										<b>1:13:07</b>					
21:47+	23:37+	28:19+	34:33+	41:00+	43:38+	47:31+	52:35+	53:42+	55:29+	57:29+	61:55+	63:47+	65:37+	69:15+	70:34+	72:41+	73:07+
21:47+	01:50+	04:42+	06:14+	06:27+	02:38+	03:53+	05:04+	01:07+	01:47+	02:00+	04:26+	01:52+	01:50+	03:38+	01:19+	02:07+	00:26+
18:48@	00:29&	01:48&	03:42@	04:25@	01:24@	01:58@	01:45&	00:18&	00:36&	00:49&	03:14@	00:39&	00:36&	01:58@	00:57@	01:04@	00:07&
<b>16</b>	<b>Claes-Göran Lundberg</b>	<b>92</b>										<b>1:14:22</b>					
04:25+	06:37+	12:22+	19:10+	22:14+	24:15+	27:52+	35:53+	37:32+	41:15+	46:02+	51:10+	56:44+	68:32+	71:50+	72:37+	73:53+	74:22+
04:25+	02:12+	05:45+	06:48+	03:04+	02:01+	03:37+	08:01+	01:39+	03:43+	04:47+	05:08+	05:34+	11:48+	03:18+	00:47+	01:16+	00:29+
01:26&	00:51&	02:51&	04:16@	01:02&	00:47&	01:42&	04:42@	00:50@	02:32@	03:36@	03:56@	04:21@	10:34@	01:38&	00:25@	00:13#	00:10&
<b>Beste stræktid for klassen</b>																	
02:59	01:21	02:54	02:32	02:02	01:14	01:55	02:57	00:41	01:11	01:03	01:07	00:48	01:13	01:37	00:22	00:38	00:19

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Women Elite

<b>1</b>	<b>Clare Dallimore</b>	<b>14</b>										<b>36:34</b>					
03:24=	04:41=	06:47=	09:54=	13:32=	14:13=	16:13=	17:59=	21:19=	22:27=	23:13=	25:03=	26:04=	27:18=	28:08=	29:04=	30:28=	32:44=
03:24=	01:17=	02:06=	03:07=	03:38=	00:41=	02:00=	01:46=	03:20=	01:08=	00:46=	01:50=	01:01=	01:14=	00:50=	00:56=	01:24=	02:16=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Anke Dannowski</b>	<b>65</b>										<b>38:13</b>					
03:23-	04:42+	06:30-	09:45-	13:40+	14:48+	16:53+	18:16+	21:41+	22:48+	23:31+	25:11+	26:30+	27:45+	28:41+	29:37+	30:54+	32:34-
03:23-	01:19+	01:48-	03:15+	03:55+	01:08+	02:05+	01:23-	03:25+	01:07-	00:43-	01:40-	01:19+	01:15+	00:56+	00:56=	01:17-	01:40-
00:01-	00:02+	00:18-	00:08+	00:17+	00:27&	00:05+	00:23-	00:05+	00:01-	00:03-	00:10-	00:18&	00:01+	00:06#	00:00=	00:07-	00:36-
<b>3</b>	<b>Malene Bredahl</b>	<b>47</b>										<b>39:36</b>					
03:43+	05:15+	07:30+	11:33+	15:26+	16:24+	18:23+	19:34+	23:17+	24:28+	25:17+	27:15+	28:45+	30:07+	30:51+	32:20+	33:42+	35:44+
03:43+	01:32+	02:15+	04:03+	03:53+	00:58+	01:59-	01:11-	03:43+	01:11+	00:49+	01:58+	01:30+	01:22+	00:44-	01:29+	01:22-	02:02-
00:19+	00:15#	00:09+	00:56&	00:15+	00:17&	00:01-	00:35-	00:23#	00:03+	00:03+	00:08+	00:29&	00:08#	00:06-	00:33&	00:02-	00:14-
<b>4</b>	<b>Annika Wigren</b>	<b>41</b>										<b>41:39</b>					
03:55+	05:26+	07:38+	11:06+	15:18+	16:27+	18:49+	20:06+	23:43+	24:59+	25:50+	28:29+	29:34+	31:01+	31:43+	32:45+	34:14+	37:42+
03:55+	01:31+	02:12+	03:28+	04:12+	01:09+	02:22+	01:17-	03:37+	01:16+	00:51+	02:39+	01:05+	01:27+	00:42-	01:02+	01:29+	03:28+
00:31#	00:14#	00:06+	00:21#	00:34#	00:28&	00:22#	00:29-	00:17+	00:08#	00:05#	00:49&	00:04+	00:13#	00:08-	00:06#	00:05+	01:12&
<b>5</b>	<b>Karin Gustafsson</b>	<b>13</b>										<b>49:46</b>					
04:15+	05:42+	07:47+	13:23+	18:01+	19:51+	21:14+	23:50+	26:09+	27:18+	31:42+	33:30+	34:19+	36:27+	37:34+	38:56+	39:48+	41:53+
04:15+	01:27+	02:05-	05:36+	04:38+	01:50+	01:23-	02:36+	02:19-	01:09+	04:24+	01:48-	00:49-	02:08+	01:07+	01:22+	00:52-	02:05-
00:51#	00:10#	00:01-	02:29&	01:00&	01:09@	00:37-	00:50&	01:01-	00:01+	03:38@	00:02-	00:12-	00:54&	00:17&	00:26&	00:32-	00:11-
<b>6</b>	<b>Caroline ryge Carlsen</b>	<b>65</b>										<b>50:21</b>					
17:59+	19:11+	21:02+	23:53+	28:23+	30:15+	31:23+	35:05+	36:29+	37:10+	38:56+	39:55+	41:08+	42:23+	43:23+	44:48+	46:46+	48:37+
17:59+	01:12-	01:51-	02:51-	04:30+	01:52+	01:08-	03:42+	01:24-	00:41-	01:46+	00:59-	01:13+	01:15+	01:00+	01:25+	01:58+	01:51-
14:35@	00:05-	00:15-	00:16-	00:52#	01:11@	00:52-	01:56@	01:56-	00:27-	01:00@	00:51-	00:12#	00:01+	00:10#	00:29&	00:34&	00:25-
<b>7</b>	<b>Zdenka Krivancova</b>	<b>40</b>										<b>52:33</b>					
04:30+	06:20+	08:46+	13:07+	20:26+	22:03+	25:10+	26:50+	30:45+	32:36+	33:29+	35:40+	37:01+	39:04+	41:13+	43:10+	45:13+	47:51+
04:30+	01:50+	02:26+	04:21+	07:19+	01:37+	03:07+	01:40-	03:55+	01:51+	00:53+	02:11+	01:21+	02:03+	02:09+	01:57+	02:03+	02:38+
01:06&	00:33&	00:20#	01:14&	03:41@	00:56@	01:07&	00:06-	00:35#	00:43&	00:07#	00:21#	00:20&	00:49&	01:19@	01:01@	00:39&	00:22#





Class	Navn	Klasse	Tid
<b>14</b>	<b>Ulrika Andersson</b>	<b>18</b>	<b>46:19</b>
05:10+	07:15+	11:38+	15:59+
05:10+	02:05+	04:23+	04:21+
01:18&	00:55&	00:54&	01:01&
	01:03&	00:51&	00:45&
	01:19&	00:45@	00:41&
	01:04@	01:41@	02:02@
	00:34&	00:39&	00:11&
	00:27&	00:06&	
<b>15</b>	<b>Søs Munch Hansen</b>	<b>60</b>	<b>51:07</b>
19:43+	20:54+	24:00+	27:33+
19:43+	01:11+	03:06-	03:33+
15:51@	00:01+	00:23-	00:13+
	00:14-	00:12#	00:09+
	02:05&	01:05@	00:05+
	00:17&	00:26&	00:28&
	00:31&	00:16#	00:03#
	00:00=	00:01-	
<b>16</b>	<b>Charlotte Bergmann</b>	<b>1</b>	<b>54:22</b>
19:16+	20:37+	23:56+	27:18+
19:16+	01:21+	03:19-	03:22+
15:24@	00:11#	00:10-	00:02+
	00:19#	00:22&	00:24#
	00:54&	00:14&	00:20#
	00:03+	01:17@	00:15&
	00:42&	00:28&	00:04#
	03:24@	00:06&	
<b>17</b>	<b>Katja reiber Hansen</b>	<b>1</b>	<b>56:39</b>
10:07+	11:46+	15:50+	20:53+
10:07+	01:39+	04:04+	05:03+
06:15@	00:29&	00:35#	01:43&
	00:31#	00:24&	00:41&
	03:51@	01:05@	00:40&
	03:06@	01:07&	01:32@
	01:04&	02:26@	00:14&
	00:45&	00:08&	
<b>18</b>	<b>Angela Brand-Barker</b>	<b>14</b>	<b>57:12</b>
18:43+	20:02+	23:32+	26:46+
18:43+	01:19+	03:30+	03:14-
14:51@	00:09#	00:01+	00:06-
	00:29#	00:03+	00:22#
	07:03@	00:24&	00:24&
	00:21&	00:18&	00:38&
	01:05&	00:26&	00:23&
	00:20&	00:02-	00:02-
<b>20</b>	<b>Tove Andersen</b>	<b>Ok Øst</b>	<b>59:50</b>
18:43+	20:12+	23:27+	26:29+
18:43+	01:29+	03:15-	03:02-
14:51@	00:19&	00:14-	00:18-
	00:06-	00:02+	00:22#
	00:14+	09:51@	00:19-
	00:20&	00:49&	01:50@
	00:01-	00:16#	01:26@
	00:42-	00:44@	00:23+
<b>21</b>	<b>Karena Hanley</b>	<b>14</b>	<b>1:05:24</b>
21:17+	22:41+	26:49+	31:24+
21:17+	01:24+	04:08+	04:35+
17:25@	00:14#	00:39#	01:15&
	00:02-	01:56@	00:18#
	00:24-	04:52@	00:07-
	01:20@	00:26&	02:44@
	00:26&	00:37&	02:15@
	00:13-	01:14@	00:26+
<b>22</b>	<b>Maarit Juura</b>	<b>Kansu</b>	<b>1:14:30</b>
05:44+	07:54+	13:45+	23:58+
05:44+	02:10+	05:51+	10:13+
01:52&	01:00&	02:22&	06:53@
	02:53@	01:14&	01:42&
	05:24@	01:01@	01:50@
	01:56@	09:56@	01:49@
	02:25@	00:23&	00:46&
	00:10&		
<b>Beste stræktid for klassen</b>	03:33	00:59	02:41
	02:29	01:26	01:05
	01:40	01:02	00:38
	00:58	00:52	01:06
	00:40	00:51	00:33
	00:21	00:26	00:18

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Women Short

<b>1</b>	<b>Monica Kollberg</b>	<b>8</b>	<b>29:15</b>
01:51=	03:45=	05:41=	08:37=
01:51=	01:54=	01:56=	02:56=
00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Ben Houlihan</b>	<b>14</b>	<b>29:25</b>
02:01+	03:23-	04:57-	09:17+
02:01+	01:22-	01:34-	04:20+
00:10+	00:32-	00:22-	01:24&
	00:25&	00:40-	01:06&
	00:06-	00:07-	00:01-
	00:16-	00:13-	00:14-
	00:13-	00:04-	00:07-
<b>3</b>	<b>Helene Ripa</b>	<b>18</b>	<b>30:15</b>
02:04+	03:59+	05:49+	08:41+
02:04+	01:55+	01:50-	02:52-
00:13#	00:01+	00:06-	00:04-
	00:02+	00:03-	00:09-
	00:12#	00:04+	00:18&
	00:12-	00:49&	00:08+
	00:07#	00:19-	00:01-
<b>4</b>	<b>Lotta Voutilainen</b>	<b>31</b>	<b>36:01</b>
02:01+	03:44-	05:26-	08:40+
02:01+	01:43-	01:42-	03:14+
00:10+	00:11-	00:14-	00:18#
	01:08&	02:17&	00:57&
	00:05+	00:06-	00:01-
	00:07+	00:58&	00:33&
	00:02-	00:29@	00:04#
<b>5</b>	<b>Lucia Aagaard</b>	<b>20</b>	<b>44:30</b>
17:07+	18:49+	20:42+	23:53+
17:07+	01:42-	01:53-	03:11+
15:16@	00:12-	00:03-	00:15+
	00:46&	00:13+	00:42#
	00:06-	00:24-	00:23-
	00:41-	00:07+	00:14-
	00:00=	00:05-	00:04#

Class	Navn	Klasse														Tid			
<b>6</b>	<b>Ulla Place Petersen</b>	<b>1</b>														<b>50:50</b>			
17:20+	20:02+	22:05+	25:58+	28:25+	30:56+	33:22+	35:59+	37:23+	38:30+	41:30+	43:43+	46:13+	47:44+	50:22+	50:50+				
17:20+	02:42+	02:03+	03:53+	02:27+	02:31-	02:26-	02:37+	01:24-	01:07+	03:00+	02:13+	02:30+	01:31+	02:38+	00:28+				
15:29@	00:48&	00:07+	00:57&	00:56&	00:19-	00:22-	01:36@	00:03-	00:02+	00:30#	00:11+	00:30#	00:23&	00:46&	00:04#				
<b>7</b>	<b>Annelise Maclassen</b>	<b>75</b>														<b>51:12</b>			
17:39+	19:40+	21:41+	24:53+	26:30+	28:48+	32:46+	34:25+	35:53+	37:03+	39:38+	42:03+	44:27+	45:52+	50:45+	51:12+				
17:39+	02:01+	02:01+	03:12+	01:37+	02:18-	03:58+	01:39+	01:28+	01:10+	02:35+	02:25+	02:24+	01:25+	04:53+	00:27+				
15:48@	00:07+	00:05+	00:16+	00:06+	00:32-	01:10&	00:38&	00:01+	00:05+	00:05+	00:23#	00:24#	00:17#	03:01@	00:03#				
<b>8</b>	<b>Kirsten Brunstedt</b>	<b>65</b>														<b>55:39</b>			
17:13+	19:13+	21:57+	25:53+	27:48+	31:08+	34:20+	36:53+	38:18+	39:36+	45:27+	49:09+	51:37+	53:19+	55:10+	55:39+				
17:13+	02:00+	02:44+	03:56+	01:55+	03:20+	03:12+	02:33+	01:25-	01:18+	05:51+	03:42+	02:28+	01:42+	01:51-	00:29+				
15:22@	00:06+	00:48&	01:00&	00:24&	00:30#	00:24#	01:32@	00:02-	00:13#	03:21@	01:40&	00:28#	00:34&	00:01-	00:05#				
<b>9</b>	<b>Anne-Mette Kirkegaard</b>	<b>78</b>														<b>55:53</b>			
17:18+	19:23+	21:50+	25:20+	27:25+	31:10+	35:48+	37:42+	39:16+	40:25+	43:50+	46:24+	48:44+	53:28+	55:21+	55:53+				
17:18+	02:05+	02:27+	03:30+	02:05+	03:45+	04:38+	01:54+	01:34+	01:09+	03:25+	02:34+	02:20+	04:44+	01:53+	00:32+				
15:27@	00:11+	00:31&	00:34#	00:34&	00:55&	01:50&	00:53&	00:07+	00:04+	00:55&	00:32&	00:20#	03:36@	00:01+	00:08&				
<b>10</b>	<b>Margareta Meiton</b>	<b>26</b>														<b>56:09</b>			
02:27+	04:37+	07:12+	11:28+	15:38+	21:20+	26:26+	28:13+	30:47+	33:00+	42:13+	45:51+	48:43+	51:21+	55:41+	56:09+				
02:27+	02:10+	02:35+	04:16+	04:10+	05:42+	05:06+	01:47+	02:34+	02:13+	09:13+	03:38+	02:52+	02:38+	04:20+	00:28+				
00:36&	00:16#	00:39&	01:20&	02:39@	02:52@	02:18&	00:46&	01:07&	01:08@	06:43@	01:36&	00:52&	01:30@	02:28@	00:04#				
<b>11</b>	<b>Craig Somers</b>	<b>14</b>														<b>56:29</b>			
17:06+	19:00+	20:46+	23:35+	26:17+	28:25+	37:36+	39:55+	41:29+	42:48+	45:09+	47:47+	49:43+	52:49+	56:10+	56:29+				
17:06+	01:54=	01:46-	02:49-	02:42+	02:08-	09:11+	02:19+	01:34+	01:19+	02:21-	02:38+	01:56-	03:06+	03:21+	00:19-				
15:15@	00:00=	00:10-	00:07-	01:11&	00:42-	06:23@	01:18@	00:07+	00:14#	00:09-	00:36&	00:04-	01:58@	01:29&	00:05-				
<b>12</b>	<b>Ellis Byrgiel Sommer</b>	<b>65</b>														<b>1:02:34</b>			
17:31+	19:19+	21:19+	26:16+	28:45+	32:27+	38:25+	40:58+	44:09+	46:15+	50:15+	54:09+	57:24+	59:06+	61:58+	62:34+				
17:31+	01:48-	02:00+	04:57+	02:29+	03:42+	05:58+	02:33+	03:11+	02:06+	04:00+	03:54+	03:15+	01:42+	02:52+	00:36+				
15:40@	00:06-	00:04+	02:01&	00:58&	00:52&	03:10@	01:32@	01:44@	01:01&	01:30&	01:52&	01:15&	00:34&	01:00&	00:12&				
<b>13</b>	<b>Rakel Eva Gunnarsdottir</b>	<b>29</b>														<b>1:13:08</b>			
17:04+	20:42+	22:54+	27:35+	29:37+	33:29+	42:11+	44:59+	50:03+	52:52+	57:10+	60:02+	66:32+	69:20+	72:35+	73:08+				
17:04+	03:38+	02:12+	04:41+	02:02+	03:52+	08:42+	02:48+	05:04+	02:49+	04:18+	02:52+	06:30+	02:48+	03:15+	00:33+				
15:13@	01:44&	00:16#	01:45&	00:31&	01:02&	05:54@	01:47@	03:37@	01:44@	01:48&	00:50&	04:30@	01:40@	01:23&	00:09&				
<b>Beste stræktid for klassen</b>																			
01:51	01:22	01:34	02:49	01:31	02:08	02:26	00:55	01:03	00:42	01:49	01:49	01:46	00:55	01:33	00:17				

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.